

THE METROPOLE

Est. HOTEL 1897

Lunch 12pm – 4pm

SOUP OF THE DAY €10

Served with Buckley's Bakery Brown Soda Bread & Glenilen Butter.
(1, 2, 3, 4, 5, 12, 15, 25, 27)

MET SIGNATURE TOASTED SANDWICH €14.50

Buttered on Both Sides, West Cork Ham & Cheddar, Toasted Sandwich
With Pickled Red Onions & a Béchamel Sauce Served with Baby Leaves & Pickles
Salad and Keogh's Crisp.s (1, 3, 5, 12, 15)

ANGUS BEEF BRISKET SANDWICH €14.50

Buttered on Both Sides, Doorstep Bread, 12 Hours Braised Brisket, Whole Grain
Mustard Mayonnaise, Rocket, Red Onions & Smoked Cheddar Served with Baby
Leaves & Pickles Salad and Keogh's Crisps.
(1, 2, 3, 5, 12, 25)

MEDITERRANEAN VEGETABLE FOCACCIA €14.50

Roasted Seasonal Mediterranean Vegetables, Pecorino, Basil Pesto,
Rocket leaves on Homemade Focaccia Served with Baby Leaves & Pickles Salad
and Keogh's Crisp.s
(1, 2, 3, 5, 12, 25, 27)

POTATO WEDGES, LIME & MISO MAYONNAISE €6

(2, 3, 5, 10)

ADD A CUP OF HOMEMADE SOUP €5.50

(3, 4, 5, 26, 28)

LUNCH OFFER €15

Sandwich of Your Choice Served With a Cup of Soup & Tea or Coffee

All our meats, poultry & game are Bord Bia approved, our beef is 100% Irish and all our seafood is sustainably caught. Please be mindful that our dedicated kitchen team expertly manages the preparation of dishes containing the 14 mandatory allergens daily. Although every care is taken to ensure the safety of our guests, please inform a member of our team if you have any food allergies, intolerances, coeliac disease, or other dietary requirements. This will enable us to tailor your dining experience and we will endeavour to meet your specific needs.

ENGLISH MARKET CHICKEN PARMIGIANA BURGER €19.50

Panko Crumbed Chicken Fillet Grilled With Tomato Sauce
& Mozzarella, Garlic Aioli, Pickled Chilli, Baby Gem Served with Baby Leaves &
Pickles and Potato Wedges.
(1, 2, 3, 5, 12, 25)

COOL SUMMER SALAD €16

Compressed Tomatoes, Bitter Leaves, Irish Strawberries, Macroom Bocconcini,
Elderflower and Mint Dressing.
(1, 3, 5, 26, 27)

CLASSIC NIÇOISE SALAD €23

Confit Yellowfin Tuna, Olives, Sun Dried Tomatoes, Crispy Potatoes, Baby Gem,
Truffled Egg, Extra Virgin Olive Oil.
(2, 3, 5, 7, 26)

CLASSIC CHICKEN CEASAR SALAD €19.50

Grilled English Market Chicken & West Cork Bacon with Parmesan in a Creamy
Caesar Dressing Served with Cos Lettuce, Croutons and a Soft Boiled Egg.
(1, 2, 3, 5, 7, 12, 25)

HOUSE MADRAS CURRY €19.50

Curry Spiced Roasted Vegetables, Fragrant Curry Sauce, Pilau Rice.

Add Grilled Chicken €5

(1, 3, 4, 5, 12, 25)

Allergens: 1 Milk Products, 2 Eggs, 3 Mustard, 4 Celery, 5 Sulphur Dioxide, 6 Lupin, 7 Fish, 8 Molluscs,
9 Crustaceans, 10 Soya, 11 Sesame, 12 Gluten Wheat, 13 Gluten Barley, 14 Gluten Rye, 15 Gluten Oats,
16 Almonds, 17 Brazil Nut, 18 Cashew, 19 Macadamia Nut, 20 Peanuts, 21 Walnuts, 22 Pistachio Nut,
23 Pecan Nut, 24 Hazelnut, 25 Ask Gluten Free, 26 Gluten Free, 27 Vegetarian, 28 Vegan, 29 Ask Vegan.



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LUNCH MENU