THE METROPOLE
Est. HOTEL 1897

Lunch 12pm – 4pm

SOUP OF THE DAY €10
Served with Mayara's Brown Soda Bread & Glenilen Butter.
(1, 2, 3, 4, 5, 12, 15, 25, 27)

MET SIGNATURE TOASTED SANDWICH €14.50
Buttered on Both Sides, West Cork Ham & Cheddar, Toasted Sandwich With Pickled Red Onions & a Béchamel Sauce Served with Baby Leaves & Pickles Salad and Keogh's Crisps (1, 2, 3, 5, 12, 15)

ANGUS BEEF BRISKET SANDWICH €14.50
Buttered on Both Sides, Doorstep Bread, 12 Hours Braised Brisket, Whole Grain Mustard Mayonnaise, Rocket, Red Onions & Smoked Cheddar Served with Baby Leaves & Pickles Salad and Keogh's Crisps
(1, 2, 3, 5, 12, 25)

ARDSALLAGH GOAT'S CHEESE & PISTACHIO FLAT BREAD €14.50
Sage Roasted Pumpkin, Gremolata, Carmelised Red Onions, Chicory leaves on Homemade Flat Bread Served with Baby Leaves & Pickles Salad and Keogh's Crisps
(1, 2, 3, 5, 12, 22, 27)

POTATO WEDGES, LIME & MISO MAYONNAISE €6
(2, 3, 5, 10)

ADD A CUP OF HOMEMADE SOUP €5.50
(1, 3, 4, 5, 26, 27, 28)

All our meats, poultry & game are Bord Bia approved, our beef is 100% Irish and all our seafood is sustainably caught. Please be mindful that our dedicated kitchen team expertly manages the preparation of dishes containing the 14 mandatory allergens daily. Although every care is taken to ensure the safety of our guests, please inform a member of our team if you have any food allergies, intolerances, coeliac disease, or other dietary requirements. This will enable us to tailor your dining experience and we will endeavour to meet your specific needs.

ENGLISH MARKET CHICKEN BURGER €19.50
Panko Crumbed Chicken Fillet Grilled Mozzarella, Ballymaloe Relish, Garlic Aioli, Pickled Chilli & Baby Gem Served with Baby Leaves & Pickles and Potato Wedges
(1, 2, 3, 5, 12, 25)

WARM WINTER SALAD €18
Madras Roasted Aubergines, Roasted Baby Potatoes, Sheep's Yogurt, Pistachio Dukkha, Pickled Onions, Sun Dried Tomatoes, Fresh Garden Herbs, Mustard Leaves.
(1, 3, 5, 26, 27)

UNION HALL SMOKED SALMON WALDORF SALAD €19.50
Baby Gem, Grapes, Green Apple, Celery, Walnuts, Celery & Cashel Blue Cheese.
(1, 2, 3, 4, 5, 7, 21, 26)

CLASSIC CHICKEN CAESAR SALAD €18.50
Grilled English Market Chicken & West Cork Bacon with Parmesan in a Creamy Caesar Dressing Served with Cos Lettuce, Croutons and a Soft Boiled Egg.
(1, 2, 3, 5, 7, 12, 25)

HOUSE MADRAS CURRY €19.50
Curry Spiced Roasted Vegetables, Fragrant Curry Sauce, Pilau Rice.
Add Grilled Chicken €5
(1, 3, 4, 5, 12, 25)

Allergens: 1 Milk Products, 2 Eggs, 3 Mustard, 4 Celery, 5 Sulphur Dioxide, 6 Lupin, 7 Fish, 8 Molluscs, 9 Crustaceans, 10 Soya, 11 Sesame, 12 Gluten Wheat, 13 Gluten Barley, 14 Gluten Rye, 15 Gluten Oats, 16 Almonds, 17 Brazil Nut, 18 Cashew, 19 Macadamia Nut, 20 Peanuts, 21 Walnuts, 22 Pistachio Nut, 23 Pecan Nut, 24 Hazelnut, 25 Ask Gluten Free, 26 Gluten Free, 27 Vegetarian, 28 Vegan, 29 Ask Vegan.



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LUNCH MENU