

THE METROPOLE

Est. HOTEL 1897

THE MERCHANT BREAKFAST EXPERIENCE €20

Choose one of the dishes along with your selection from the continental buffet served with freshly brewed Barry's tea or Java Coffee.

CONTINENTAL BREAKFAST €14

Full selection from the continental buffet with a choice of freshly brewed Barry's tea or Java coffee.

BARISTA BREWS

Crafted with care using locally roasted Java coffee beans and beloved Irish blends.

Americano	€4.00
Espresso	€3.70
Cappuccino / Café latte	€4.20
Ó'Conaill hot chocolate	€4.20
Barry's tea	€4.00
Herbal teas – mint, chamomile, green, Earl grey	€4.00



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Memorable experiences at The Metropole Hotel

- Lingering chats and lunch dates
- Elegant afternoon tea
- Pre-theatre dining at the MET Restaurant
- Small plates and evening cocktails in the Lobby
- Dinner parties with family and friends at the Merchant

1 Milk Products, 2 Eggs, 3 Mustard, 4 Celery, 5 Sulphur Dioxide, 6 Lupin, 7 Fish, 8 Molluscs, 9 Crustaceans, 10 Soya, 11 Sesame, 12 Gluten Wheat, 13 Gluten Barley, 14 Gluten Rye, 15 Gluten Oats, 16 Almonds, 17 Brazil Nut, 18 Cashew, 19 Macadamia Nut, 20 Peanuts, 21 Walnuts, 22 Pistachio Nut, 23 Pecan Nut, 24 Hazelnut, 25 Ask Gluten Free, 26 Gluten Free, 27 Vegetarian, 28 Vegan, 29 Ask Vegan.

Cooked Breakfast

CLASSIC FULL IRISH

A true Irish classic: Irish pork sausages, West Cork rashers, Irish black & white pudding, grilled tomato, mushroom & hash brown (1, 2, 5, 10, 12, 13, 25, 28)
Choice of eggs – poached, fried, or scrambled.

THE PETIT FULL IRISH

All the flavour: somewhat smaller full Irish breakfast (1, 2, 5, 10, 12, 13, 25, 28)
Choice of eggs – poached, fried, or scrambled.

CLASSIC EGGS BENEDICT

A breakfast favourite: West Cork bacon & poached eggs on sourdough toast finished with your choice of hollandaise sauce or salsa verde. (1, 2, 3, 5, 12, 25)

WHOLESUME PLANT BASED VEGAN BREAKFAST

Vegan sausages, baked beans, hash brown, grilled tomato, sautéed mushrooms & wilted spinach. (3, 5, 10, 12, 25, 28)

Signature Dishes

MIL'S SIGNATURE PORRIDGE

Porridge Created by our award-winning breakfast chef, Mil. Creamy Irish oats on a bed of lemon curd topped with berry compote, banana, toasted almonds, pumpkin seeds & a drizzle of honey (1, 15, 26, 27)

SHAKSHUKA PEPPERS

Slow cooked peppers in a fragrant tomato & north African spiced sauce with Poached eggs, toasted sourdough topped with toasted almonds & salsa verde. (25, 12, 16, 25, 27, 29)

Add West Cork bacon, Irish sausages or Irish pudding. (1, 5, 10, 12, 13, 25)

AVOCADO ON TOAST

Smashed avocado on sourdough toast, Macrooom buffalo style feta cheese, Pico de Gallo tomato salsa & salsa verde. (1, 5, 12, 25, 27, 29)

FLUFFY BUTTERMILK PANCAKE

Light, golden pancakes served with seasonal berries & maple syrup. (1, 2, 5, 10, 12, 27)

WEST CORK FISH FRITTATA

West Cork smoked salmon & freshly caught fish, spinach & baby potatoes delicately baked with free range eggs served with a Pico de Gallo tomato salsa & hollandaise sauce. (1, 2, 5, 7, 26)



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BREAKFAST MENU