

Good Morning

Welcome to the Merchant Restaurant. Start Your Day Right
with a Delicious Breakfast Made Just for You.

Should You Have Any Dietary Requirements Please Speak
with Your Server for a Detailed Allergen Menu and Buffet
Guidance.

Savour, Relax and Enjoy!

Memorable Experiences at The Metropole Hotel...

Lingering Chats & Lunch Dates

Elegant Afternoon Tea

Pre-Theatre Dining at “The Met”

Evening Cocktails in “The VQ”

Dinner Parties with Family & Friends



THE METROPOLE
Est. HOTEL 1897

BREAKFAST MENU

The Merchant Breakfast Experience

€20

Choose From One of the Below Cooked to Order Dishes
Complemented by our Continental Buffet Served with Freshly
Brewed Barry's Tea or Java Coffee

Cooked Breakfast

Classic Full Irish

€14

A True Irish classic: O'Flynn's Sausages, West Cork Rashers, Irish
Pudding, Grilled Tomato, Mushroom & Hash Brown
(1, 2, 5, 10, 12, 15, 25)

Choice of Eggs – Poached, Fried, or Scrambled (2)

The Petit Full Irish

€10

All the Flavour: Somewhat Smaller Full Irish Breakfast
(1, 2, 5, 10, 12, 15, 25)

Choice of Eggs – Poached, Fried, or Scrambled (2)

Classic Eggs Benedict

€13

A Breakfast Favourite: West Cork Bacon and Poached Eggs on
Sourdough Toast, Finished with Your Choice of Hollandaise Sauce
or a Salsa Verde
(1, 2, 3, 5, 10, 12, 25)

Signature Selections

Mil's Signature Porridge

€10

Created by our Award-Winning Breakfast Chef, Mil. Creamy Irish
Oats on a Bed of Lemon Curd, Topped with Berry Compote,
Banana, Toasted Almonds, Pumpkin Seeds and a Drizzle of Honey
(1, 2, 5, 15, 16, 26, 27)

Shakshuka Peppers

€12

Slow Cooked Peppers in a Fragrant Tomato & Northern African
Spice Sauce Topped with Toasted Almonds & Salsa Verde &
Served with Poached Eggs & Toasted Sourdough
(1, 2, 5, 10, 12, 16, 25, 27)

Vegetarian Goodness

Fluffy Buttermilk Pancakes

€12

Light, Golden Pancakes Served with Seasonal Berries and Whipped Cream Finished with Your Choice of Fruit Compote, Nutella, or Maple Syrup (1, 2, 5, 10, 12, 24, 27)

Egg Florentine

€13

Poached Eggs and Wilted Spinach on Sourdough Toast Finished with Your Choice of Hollandaise or Salsa Verde (1, 2, 3, 5, 10, 12, 25, 27)

Wholesome Plant Based Vegan Breakfast

€15

A Vibrant Plate of Vegan Sausages, Baked Beans, Hash Brown, Grilled Tomato, Sautéed Mushrooms & Wilted Spinach (3, 5, 10, 12, 25, 28)

Add Bacon, Sausage or Pudding

€3

(5, 10, 12, 25)

Light Offering

Continental Breakfast

€14

Full Selection From the Continental Buffet & a Choice of Freshly Brewed Barry's Tea or Java Coffee
(Please Refer to the Buffet Allergen Sheet)

2 Boiled Eggs with Sourdough Toast (2, 10, 12, 25, 27) **€6**

Plain Oat porridge Made with Irish Milk (1, 15, 26, 27) **€6**

Allergens

(1) Milk Products (2) Eggs (3) Mustard (4) Celery (5) Sulphur Dioxide (6) Lupin (7) Fish (8) Molluscs (9) Crustaceans (10) Soya (11) Sesame (12) Gluten Wheat (13) Gluten Barley (14) Gluten Rye (15) Gluten Oats (16) Almonds (17) Brazil Nut (18) Cashew (19) Macadamia Nut (20) Peanuts (21) Walnuts (22) Pistachio Nut (23) Pecan Nut (24) Hazelnut (25) Ask Gluten Free (26) Gluten Free (27) Vegetarian (28) Vegan (29) Ask Vegan

All our meats, poultry & game are Bord Bia approved, our beef is 100% Irish and all our seafood is sustainably caught.

Please be mindful that our dedicated kitchen team expertly manages the preparation of dishes containing the 14 mandatory allergens daily. Although every care is taken to ensure the safety of our guests, please inform a member of our team if you have any food allergies, intolerances, coeliac disease, or other dietary requirements. This will enable us to tailor your dining experience and we will endeavour to meet your specific needs.

Refreshments

Fresh Juice Selection	€3
House Sparkling Water	€3

Barista Brews

Using Locally Roasted Java Coffee Beans and Beloved Irish Blends.

Americano	€4
Espresso	€3.7
Cappuccino / Café Latte (1)	€4.2
Ó'Conaill Hot Chocolate (1, 10)	€4.2
Barry's Tea	€3.7
Herbal Teas – Mint, Camomile, Green, Earl Grey	€4