

## GRADUATION LUNCH

# MENU

To celebrate your success, we're delighted to offer a complimentary glass of prosecco for the graduate.

3 Courses €40 | 2 Courses €34

-STARTER-

#### CHEFS SOUP OF THE DAY

Treacle and Murphy's Soda Bread (D, Cl, Gw, Sul)

#### **TOFU TACOS**

Roasted Mediterranean Vegetables, Coriander & Squash Salsa, Pickled Onions, Chipotle (Gw, Mu, Sul, Vo, So)

#### **WEST CORK MUSSELS**

1 Lb Fresh Mussels, Mariniere Sauce, Sourdough Bread (Mo, D, Gw)

#### WARM JACK MCCARTHY BLACK PUDDING

Fried Potatoes, Poached Granny Smith, Grapefruit, Radishes, Toasted Seeds, Honey Dressing (Gw, Sul, Mu)

## -MAIN-

#### STAG BÁN BATTERED UNION HALL HADDOCK

Caper, Lemon & Saffron Mayo, Crushed Peas, Burnt Lemon, French Fries (F, D, E, Gw)

#### PERI PERI "FRIED CHICKEN"

Smoked Pistachio Rice, Sumac Onions, Charred Broccolini, Squash & Coriander Salsa (Ps, D)

#### RAS EL HANOUT ROASTED BROCCOLINI

Quinoa, Cashew Nut Houmous, Roasted Squash (Ch, Se, Sul, Vo)

#### **ROAST SIRLOIN OF IRISH BEEF**

Scallion Whipped Potato, Honey Roasted Mix Vegatables, Roast Gravy (Gw, Sul, Mu)

### -DESSERT-

#### WARM SEASONAL APPLE & BERRY CRUMBLE

Olive Oil Crumb, Vegan Ice Cream (Al, So, Vo, Sul)

#### DARK CHOCOLATE DELICE

Crushed Feuillantine, Peanut Butter, Caramelised Banana (Gw, D, E, Sul)

#### BLACKBERRY AND WHITE CHOCOLATE CHEESECAKE

Caramelised White Chocolate, Raspberry Sorbet (Gw, So, D)

#### WHIPPED LEMON GANACHE CAKE

Raspberry Gel, Raspberry Sorbet (Gw, E, D, So)

## THE METROPOLE HOTEL

#### Allergens

(D) Milk Products (E) Eggs (Mu) Mustard(Cl) Celery (Sul) Sulphur Dioxide (L) Lupin (F) Fish (Mo) Molluscs (Cr) Crustaceans(So) Soya (Se) Sesame (Gw) Gluten Wheat (Gb) Gluten Barley (Gr) Gluten Rye (Go) Gluten Oats (Al) Almonds (Bz) Brazil Nut (Ch) Cashew (Mc) Macadamia Nut (P) Peanuts (Wn) Walnuts (Ps) Pistachio Nut (Pc) Pecan Nut (Vo) Vegan (Vg) Vegetarian (Gf) Gluten Free All our meats, poultry & game are "Feile Bia" approved & our beef is 100% Irish

