

BREAKFAST MENU



"All happiness depends on a leisurely breakfast"

-JOHN GUNTHER-

THE METROPOLE HOTEL
CORK

CHEF'S SPECIAL PORRIDGE

Creamy Porridge Served on a Bed of Lemon Curd, Topped with Fruit Berry Compote, Banana, Toasted Almonds, Pumpkin Seeds & Drizzled with Honey

(AL, D, E, N, O, TN, GO, Available Gluten Free)

OR

Simple Creamy Porridge served with Honey & Fresh Berries

(GO, Available Gluten Free)

TRADITIONAL FULL IRISH BREAKFAST

O'Flynn Sausages, Mc Carthy's Rashers, Irish Pudding, Grilled Tomato & Mushroom, Hash Brown Served with your choice of Eggs –

Poached, Fried or Scrambled

((GO, D, E, GW, SO, SUL, Gluten free available)

Please ask your server if you would like a Mini Irish breakfast

EGGS BENEDICT

McCarthy's Bacon, Poached Eggs and Silky Hollandaise Sauce or Salsa Verde served on Sourdough.

(D, E, GW, MU, SUL, Gluten free available)

EGGS FLORENTINE

A twist on a classic served with Wilted Baby Spinach, Poached Eggs and Silky Hollandaise Sauce or Salsa Verde served on Sourdough.

(D, E, W, MU, SO, SUL)

BUTTERMILK PANCAKES

Served with Your Choice of Freshly Whipped Cream, Fruit Berry Compote, Nutella or Maple Syrup

(D, E, GW, N, TN)

(D, O)

SMASHED AVOCADO

Smashed Avocado Served with Diced Tomato, Onions, Peppers & Mixed Seeds Served on Sourdough Toast Drizzled with Salsa Verde

(GW, SE, SUL)



Non-Residents: €19 Full Irish Breakfast + Continental Selection

Breakfast Chef: Mil Burke

All our produce is sourced from local and quality assured suppliers to ensure only the freshest products are used.

Allergen Information

Eggs E, Milk Products D, Shellfish SH, Molluscs MO, Fish F, Almonds AL, Hazelnut HN, Walnut WN, Peanuts P, Tree Nuts TN Sesame SE, Soya SO, Sulphur Dioxide SUL, Nuts N, Oats O, Barley B, Wheat W, Rye R, Celery CL, Mustard MU, Lupin L

 Vegetarian

 Vegan

VEGETARIAN OR VEGAN FULL IRISH BREAKFAST

Vegan Sausage, Beans, Hash Brown, Grilled Tomato & Mushroom,
Sautéed Spinach,

Served with your Choice of Eggs – Poached, Fried or Scrambled
(D, E, GL, SO, SUL, GW, Vegan available)

OPEN SOURDOUGH TOAST

Sourdough Toast Topped with Spinach & Mushrooms Sautéed in a
Mild Garlic Infused Oil, Slow Roasted Cherry Tomatoes & Drizzled in
Salsa Verde

(GW, SO, SUL)



OUR SUPPLIERS



MCCARTHY MEATS
Poultry, West Cork



CLONA LTD
Clonakilty Cork



TIM MULCAHY
Chicken Inn, English Market



UNION HALL SMOKERY
West Cork



GUBBEEN FARM
West Cork



HEGARTY DAIRY
Co. Cork



CAHERBEG MEATS
West Cork



KEOHANE SEAFOODS
Kinsale, Cork

HOW WAS YOUR BREAKFAST?
We would love to know
PLEASE SCAN TO LEAVE US A REVIEW



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