

# THE METROPOLE HOTEL

CORK

## Jazz Brunch

*"Hot can be cool, and cool can be hot, and each can be both. But hot or cool, man, jazz is jazz"- Louis Armstrong*

### Jazzy Juices

Orange, cranberry, apple, grapefruit € 2.00

### Groovy Granolas

Mixed berries natural yogurt topped with granola (d,tn) € 3.50

Rhubarb and strawberry, natural yogurt topped with granola. (d,tn) € 3.50

### Smoothies

Raspberry Zinger / mango a gogo (d) € 2.50

### Light Bites

The Met Seafood chowder with our own seeded brown soda bread. (f,sf,d,c) € 7.50

Asparagus chargrilled, with rocket, cherry tomato dried figs and balsamic dressing (sul) € 7.00

Chicken liver pate, apple and fig chutney, walnut bread crostini and toasted brioche (g) € 7.00

Arancini, smoked Carrigaline cheese risotto cake with herb salad and spicy salsa (d e g) € 8.00

### Eggs

Eggs Benedict poached eggs, smoked bacon on breakfast muffin, Hollandaise sauce (g,e,d) € 7.50

Eggs Florentine poached eggs, wilted spinach on breakfast muffin Hollandaise sauce (g,e,d) € 6.50

Eggs Royal Poached eggs, smoked salmon on breakfast muffin, Hollandaise sauce (g,e,d,f) € 7.50

Eggs Corcaigh, poached eggs, Corks spiced beef on breakfast muffin, Hollandaise sauce (g,e,d) € 7.50

Steak and Eggs, poached eggs with Irish sirloin Steak on Potato rosti, Béarnaise sauce (e,d) €11.00

### Salads

Super food salad, herb salad with Quinoa, ruby grapefruit, cranberries, beetroot, pumpkin seeds, sunflower seeds, Ardsallagh goats Cheese (d) €12.00

Classic Caesar Salad, romaine lettuce, Caesar dressing herb croutons, smoked bacon, anchovies and parmesan shavings (g,f,d) €12.00

Sea trout Nicoise salad, peppers, red onion, potato, green beans, egg, olives. (f,e) €10.00

Cobb salad, green leaves chicken, bacon, egg, avocado, spring onion and Cashel blue cheese (e,d,sul) €10.00

Allergens			
(p)=Peanuts	(e)=Eggs	(m)=Mustard	(g)=Gluten
(d)=Dairy	(so)=Soya	(cl)=Celery	(f)=Fish
(sh)=Shellfish	(se)=Sesame	(ml)=Molluscs	(tn)=Tree nuts
(sul)=Sulphates		(l)=Lupines	